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9th ANNUAL

machik  weekend

November 20-22, 2015

Leitner Center for International Law & Justice
Fordham Law School
150 W 62nd Street
New York, NY 10023

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Acknowledgements



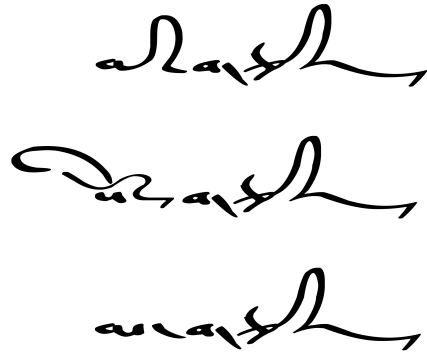
We are grateful to the Leitner Center for International Law and Justice at Fordham Law School for their generosity in co-sponsoring Machik Weekend 2015.

The mission of the Leitner Center is to contribute to the promotion of social justice around the world by encouraging knowledge of and respect for international law and international human rights standards in particular. The Center furthers this goal by sponsoring education, scholarship, and human rights advocacy, and facilitating collaboration among law students, scholars, and human rights defenders in the United States and abroad.

Machik is grateful to the Leitner Center for their continuing support for Machik Weekend.

leitnercenter.org
LeitnerCenter@law.fordham.edu

About Machik



MACHIK has been working in Tibet for the past 17 years to incubate social innovation for Tibet. Through its service and capacity-building work, Machik serves as a bridge and a portal for Tibetans from Tibet to the global community.

It all began as a labor of love. Pencho and Tsering Rabgey were retired immigrant factory workers in Canada when they received a letter in 1998 from Pencho's hometown of Chungba, Lithang, asking for assistance to build a primary school. They did not hesitate to send Pencho's entire retirement savings to build the school, and with their daughters Losang and Tashi, they began seventeen years of work strengthening communities inside Tibet.

In its first year, Chungba School became the top-ranked primary school in Lithang county. Today, it remains the leading Tibetan-medium bilingual school in the area, with over 50 teachers and 800+ students.

Students from the very first class of the Chungba Primary School are now second-year college students and are enrolled in universities from Chengdu, Xining, Lanzhou and Beijing. They are majoring in everything from law and public administration, to Tibetan literature and graphic design.

"This is the first generation in the history of this area to ever get this far, and more than half of the students are girls," said Dr. Losang Rabgey. **The real impact is not that these kids are educated, but what they will do with that education.** We have taught and encouraged values such as service, community, and self-empowerment, and we believe they will pay it forward. That is what we are most excited about."

Machik's work currently consists of seven program areas: the Chungba Project, Summer Enrichment Programs, Women's Initiative, Youth Leadership, Social Entrepreneurship, Global Innovation Fellowship and Governance.

To learn more, visit www.machik.org

About Machik Weekend

MACHIK WEEKEND is a unique space to share and learn about path-breaking service projects, dynamic leaders and resilient communities in Tibet. This annual weekend of conversation is committed to bringing together diverse and inspired people to reach a deeper understanding of conditions in Tibet and to create new means of **engagement and possibility.**

Machik Weekend has hosted a diverse range of speakers and innovators who discuss solutions-oriented approaches in Tibet and other places. This platform serves to illuminate the value of resourceful and imaginative ideas and practices and their impact on communities at local and global levels. Through roundtables and informal discussions, participants share experiences and learn about key issues such as education and social entrepreneurship in the

project of civic engagement in Tibet.

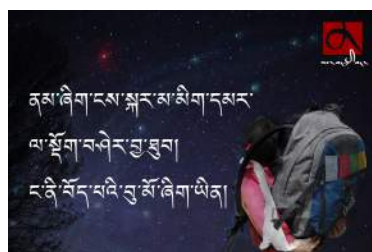
Since 2007, Machik Weekend has become our annual tradition to bring together diverse individuals with a common aspiration to engage for a stronger future for Tibet.

It is a weekend of new encounters, discoveries and friendships that will challenge and reshape your assumptions about possibilities for next steps for Tibet.

The goal of Machik Weekend is to deepen intercultural understanding and to grow the global community inspired by the culture, land and people of Tibet.

“A vital part of Machik’s mission is to grow knowledge and understanding in order to envision new possibilities for the future of Tibet. Machik’s work is about enabling meaningful change, one heart at a time.”

Dr. Tashi Rabgey,
Machik Co-Founder & Strategic Director



November 20, 2015

Dear Friends,

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Welcome to the 9th Annual Machik Weekend!

Machik Weekend began in 2007 as a small but impassioned weekend of conversation in a friend's living room. Since that humble beginning in Washington DC, Machik Weekend has been a unique space for dialogue and reflection about education, capacity-building and community resilience in Tibet.

Today, Machik Weekend is an annual reunion for those who share a bond and common passion for the ideals of community empowerment, social innovation and civic engagement in Tibet.

It is the one time in the year we reconnect as a collective and re-energize through each other's creativity and passion for being the change we wish to see in the world -- our annual re-convening as the tribe called Machik.

We are fortunate to have participants from every corner of North America and around the world, and we welcome you all to this year's gathering of Machik. Each and every one of your voices counts in our global conversation, and we can't wait to see where this year's discoveries will take us.

As the weekend unfolds, we are excited to present a dynamic roster of speakers and facilitators -- thinkers and doers who embody the spirit of Machik work. They represent a spectrum of change-makers, risk takers and civic leaders -- from artists to educators, and from scholars to adventurers.

This year, we are especially thrilled to feature our keynote speaker from Tibet and the 2015 Machik Global Innovation Fellow, Chupal Sangpo (Chusang). A pioneering Tibetan social media innovator and leading public health advocate inside Tibet, Chusang has dedicated himself to increasing HIV/AIDS awareness



on the Tibetan plateau and has worked tirelessly to empower some of the most remote and underserved communities in Tibet.

We've been inspired for years by Chusang's ingenuity and passion for getting things done for Tibet, and we believe you will be too.

We're also delighted to announce that we have added Tibetan-language panels to our forum lineup this year. For Tibetan-language speakers and learners alike, we hope you'll take up the opportunity to participate in a Tibetan-immersion dialogue on the ideals of civic engagement and social innovation.

In addition to our Friday Tibet Engagement Fair, the Saturday Forum, and the small, intensive group discussion on Sunday, we are pleased to introduce several new morning sessions, including mindfulness yoga sessions straight from inner city Baltimore (you won't believe what these guys do) and from our longtime Machikers of the Lemonade Warrior clan.

Most of all, we could not be more excited to be spending time with you over the next three days -- connecting, learning and sharing so we can all contribute to a public conversation about the next frontier for Tibet. It should be a weekend to remember.

Let's do this.

2015 Machik Weekend Organizing Team

Machik Charter for Engagement

THIS WE KNOW

We live in uncertain times. As the new millennium unfolds, we find ourselves caught in the tired politics of the past while our Tibetan sisters and brothers on the plateau bear the burden of marginalization and dispossession. Yet in this moment of political exhaustion, something new is stirring. Guided by a social vision that places unyielding faith in the promise and decency of humanity, a collective desire to seek new pathways toward meaningful and transformative change is now awakening. The change we seek requires a new political and moral imagination - one that trusts in humanity's potential to embrace a politics of love over a politics of fear.

THIS WE BELIEVE

In these uncertain times, there is an urgent need to redefine the collective task that lies ahead. Any meaningful change for Tibet will require a collective response from the heart - one that transcends differences of language, culture, region, ethnicity, religion, history and education. The challenges of our times can only be solved by working in solidarity and partnership across political, cultural and linguistic divides. Where there is mistrust and resentment, we must work to bring confidence and understanding. Where there is despair and desperation, we must work to inspire hope and empowerment. Where there is cynicism and hostility, we must build faith in the possibility of creating a shared stake in transformative change. And as we seek to breach the gap between the promise of our ideals and the reality of our time, we must find the courage to cross uncharted terrain as we re-envision our broken world as one animated by an abiding human love.

THIS WE RESOLVE

Engagement: As Tibet approaches a new threshold, we commit ourselves to engaging directly with the challenges facing Tibetans on the plateau-challenges such as that of language and cultural loss, economic marginalization, resource distribution, and land management and the delivery of quality education, healthcare and other social services.

Solidarity: We commit ourselves to this direct engagement as an act of love and solidarity with Tibetans in Tibet. We know the wrongs of the past, but we choose to look to the future-the future of those who make their lives on the Tibetan plateau and the future their children will inherit.

Nonviolence: Our commitment to engagement is firmly rooted in the principle of nonviolence. Knowing that all life is interdependent and that we are caught in a web of mutuality, we are determined to become the change we seek by finding pathways to social change that value and respect every human life.

Building New Capacity: As we seek to engage directly in helping build the future of Tibet, our priority should be to invest in Tibetans themselves. By creating new opportunities for building capacity, knowledge and experience, we will empower a new generation of Tibetans to develop the skills and competence necessary to steward their communities into the future.

Building a New Consensus: In embracing the principle of engagement, we commit ourselves to forging a new consensus on the future of Tibet. We will gather and form a new global community around this consensus-one that includes citizens of China as well as that of the world-and through these partnerships, synergies and new bonds of trust, we will find our best hope for meaningful, transformative change for Tibet.

Add your name today to the Machik Charter for Engagement at:

www.charterforengagement.com

Schedule Friday

Engagement Fair: Exhibit of Projects/Groups Working on Engagement for Tibet

5:00 pm - 6:00 pm **Welcome Reception & Photo Exhibitions**

6:00 pm - 9:00 pm **Engagement Fair, Book Signing & Live Music**



Machik Weekend officially kicks off with the Tibet Engagement Fair on Friday evening. The fair is a new opportunity to learn about and network with different projects and groups working for engagement for Tibet. Based on your enthusiastic feedback from last year's Machik Weekend, we're excited to present this platform once again. From peer mentoring and digital language learning to promoting health awareness, this year's Engagement Fair features a wide range of groups with innovative ideas. Machik is thrilled to welcome you to the 2015 Tibet Engagement Fair as part of our ongoing commitment to engagement for Tibet.

We hope the groups featured at the Tibet Engagement Fair will encourage you to join in their specific efforts or inspire you to start your own project.

Saturday

Machik Weekend Forum: Panel Discussions

- 9:30 am - 10:00 am **Mindfulness Yoga**
Led by **Holistic Life Foundation**
- 10:30 am - 10:40 am **Opening Remarks**
Tenzin Nangkyi, Development & Program Manager, Machik
Tenzin Noryang, Communications Director & Program Manager, Machik
- 10:40 am - 10:50 am **Welcome Remarks**
Dr. Losang Rabgey, Co-Founder and Executive Director, Machik
- 10:50 am - 11:00 am **Dedication**
Bonney Hartley, Member of Stockbridge - Munsee Community
- 11:00 am - 11:15 am **Engaging Tibet & the Road Forward**
Dr. Tashi Rabgey, Research Professor of International Affairs, George Washington University, Co-Founder & Strategic Director, Machik
- 11:15 am - 11:55 am **Innovating Public Health in Tibet**
Keynote Speaker: Chupal Sangpo, Leading HIV/AIDS educator in Tibet
- 11:55 am - 12:45 pm **KEYNOTE ROUND TABLE: Civic Engagement & Tibet**
Krishanti Dharmaraj, Executive Director, The Center for Women's Global Leadership
Asher Jay, Creative Conservationist
Holistic Life Foundation
Dr. Losang Rabgey, Executive Director & Co-founder, Machik
Moderator: Carl Minzner, Professor of Law, Fordham Law School
- 12:45 pm - 1:00 pm **Endorsement**
Jimmy Chin, Professional Climber, Filmmaker & Photographer
- 1:00 pm - 2:00 pm **Lunch**
- 2:00 pm - 2:10 pm **Perspectives on Tibet's Economy**
Andrew M. Fischer, Leading Specialist on the Economics of Contemporary Tibet
- 2:10 pm - 2:20 pm **Launchings**
Wangmo Gyatotsang, Operations Director, Machik

Sunday

2:20 pm - 2:30 pm

Memorials

Al Maysles
Khawa Nyanjak

2:30 pm - 2:50 pm

Group Picture

2:50 pm - 3:50 pm

CONCURRENT PANEL SESSION I:

Education and Mentorship

Tenzin Choerap, Academic Advisor, TRIO (SSS),
St. Olaf College
Tenzin Nordon, Education Liaison, MN Office of Higher Ed.
Sertso Kyi, Masters Candidate, Brandeis University
Jampa Ghapontsang, Higher Education Professional,
Harvard University
Holistic Life Foundation
Moderator: Jigdel Kuyee, Electrical Engineer

Sustainable Livelihoods

Andrew Fischer, Associate Professor, Erasmus
University Rotterdam
Samphe Lhalungpa, Former UNICEF Representative
Yuchin Chen, Assistant Professor of Economics,
University of Washington
Tsering Bum, Environmental Conservationist
Moderator: Jigme Duntak, Policy Advisor, Ministry of
Northern Development and Mines

Engagement in Tibet (in Tibetan Language)

Pencho Rabgey, Writer, Co-Founder, Machik
Khydup Gyatso, Artist & Writer, Co-Founder, Wild Yaks
Namgyal Tsepak, PhD Candidate, Cornell University
Kunchok Dhondup, Broadcast Editor & Producer

3:50 pm - 4:05 pm

Break

4:05 pm - 5:10 pm

CONCURRENT PANEL SESSION II:

Gender & Civic Engagement

Ralph Litzinger, Assistant Professor, Duke University
Dr. Losang Rabgey, Executive Director & Co-founder, Machik
Yangla, Program Assistant, Adhikaar
Tsering Tsomo, Gender Specialist, Deqin County
Moderator: Tenzin Dolker, Program Analyst, Ford Foundation

Creative Engagement

Sheldon Raymore, Member, Sioux Nation,
Paul Miller, Artist, Writer, & Musician,
Muna Gurung, Writer & Educator, Founder, KathaSatha
Holistic Life Foundation
Moderator: Dickyi Yangzom PhD Candidate, Yale University

Culture & Innovation (In Tibetan Language)

Tsering Rabgey, Founder, Tsering's People
Chupal Sangpo, HIV/AIDS Educator in Tibet
Phurbu Samdrup, Field Officer, Machik
Khenpo Yonten Phuntsok, Abbott of Drakkar Monastery

5:10 pm -6:20 pm

Breakout Group Discussion

Division into smaller groups for discussions

6:20 pm -7:00 pm

Closing Plenary & Machik Spirit Award

Conversation Commons: Opportunity to Continue the
Conversation in Small Groups

10:00 am - 10:30 am

CENTERED LEADERSHIP SESSION | By: Unyong Kim

Learn concise and doable tools and principles for staying
centered at your edge of stress, and for working synergistically
as community leaders. Unyong Kim has worked with leaders of
all backgrounds to work from a place of flow and centeredness.

10:30 am - 11:30 pm

Pathways to Engagement: Tibetan, Chinese & Global

Namgyal Tsepak, PhD Candidate, Cornell University
Phurbu Samdrup, Founder, Khimshi, Field Officer, Machik
Madeline Jorden, Creative Artist
James Liao, Co-founder & U.S. Executive Director, TEC Share
Chupal Sangpo, Leading HIV/AIDS Educator in Tibet
Moderator: Tenzing Tekan, Machik

11:30 pm - 1:00 pm

Small Group Discussions:

Arts & Creativity
Identity and Immigrant Experience
Education and Community Service
Gender Empowerment
Conservation
Health & Wellness
Social Entrepreneurship
Chinese Engagement
Technology Innovation
Leveraging Community & Philanthropic Resources
Community Engagement (In Tibetan Language)
Employment and Social Values

1:00 pm - 1:15 pm

Break

1:15 pm - 2:00 pm

Closing Plenary

Keynote Speaker



Chupal Sangpo

HIV/AIDS Advocate from Tibet
Machik 2015 Global Innovation Fellow



CHUPAL SANGPO (Chusang) is a pioneering grassroots public health worker in Tibet.

Born in a nomadic family in Drango County in Ganzi prefecture, Chusang is a graduate of Northwest University for Nationalities in Lanzhou city, and is fluent in three Tibetan dialects, Mandarin and English. In his early years as a training specialist at Winrock International, Chusang worked closely with Tibetan nomads to develop basic financial and business management skills and connecting them to local business opportunities; he clearly felt the urgent need for public health awareness – in a form and manner that the locals could understand and adopt.

Chusang has taken his public health message across the vast expanse of the plateau – visiting schools, villages, and towns, some of which are located in the most remote and underserved regions of Tibet. Chusang has also published numerous bilingual health pamphlets and brochures, including a book, Questions and Answers on HIV/AIDS Prevention. Chusang is active on social media and releases daily audio messages in Tibetan language on his wechat account where he has over 120,000 followers. He uses the online platform to educate and inform Tibetans from across Tibet.

Chusang is the 2015 Machik Global Innovation Fellow.

HIV/AIDS and Tibet

The first reported case of HIV/AIDS in Tibet was in June 2003. HIV is prevalent in all Tibetan areas, affecting people across all age ranges and backgrounds. Due to a multitude of factors including severe lack of health infrastructure and education to geographical and language barriers, the rate of incidence has been rising, though it still remains poorly documented. HIV transmission also occurs at the intersection of many social challenges faced in contemporary Tibet - leaving women and children particularly vulnerable. Based on the sound principle of compassion, the Tibetan AIDS Group led by Chusang has been especially effective in targeting the most disenfranchised communities in Tibet since 2008. Using local knowledge and science, they have been at the forefront of innovating public health education in Tibet.

Follow Chusang's work here:

website: www.fangai007.org

wechat:



Chupal Sangpo will be giving a keynote presentation on **Saturday at 11:15 am.**



Chupal Sangpo giving a public talk on HIV/AIDS prevention in Dzorge, Ngawa, 2015.



Speakers

Tsering Bum

Environmental Conservationist

Tsering Bum works at Shanshui Conservation Center, an environmental conservation NGO working in Tibet. Tsering works with local communities in Yulshul, Kham Tibet to establish community/village-based conservation organizations for biodiversity research work, waste management and human-wild life conflict resolutions. His articles have been published in *Orientalia Suecana* and *Asian Highland Perspectives*. Tsering is from Mangra in Amdo, and graduated from Reed College in Portland OR.

Yuchin Chen

Associate Professor in Economics at the University of Washington

Yu-chin Chen is an Associate Professor in Economics at the University of Washington. She received an A.B. in Physics, a Masters in Public Policy, and a Ph.D. in Economics from Harvard University. She has worked as a Staff Economist at the Council of Economic Advisers under the Clinton administration, and has been a visiting researcher at the Reserve Bank of New Zealand, the Federal Reserve Systems, and Academia Sinica in Taiwan. Her research interests cover the empirics of exchange rate determination, monetary policy under adaptive learning, foreign aid and income distribution, among other open economy macroeconomics topics.

Jimmy Chin

Professional Climber, Mountaineer, Skier, Director and Photographer

Jimmy Chin lives a life of art and adventure, combining a career as a photographer, documentary filmmaker and a 14-year veteran of The North Face Athlete Team. In the past decade, Chin has collaborated with, filmed and photographed some of the world's most progressive athletes and explorers while participating in breakthrough expeditions around the planet. He has made notable first ascents in the Karakoram, traversed the Chang Tang Plateau in Tibet on foot and skied first descents in the Himalayas. He is one of the few people to ski Mount Everest from the summit. As a professional athlete, he has been featured in *National Geographic*, *Outside*, *Peopleand Men's Journal*. Jimmy's recent film with Chai Vasarhelyi, *Meru*, won the Audience Choice Award at the Sundance 2015 Film Festival.

Tenzin Choerap

Academic Advisor, TRIO - Student Support Services (SSS), St. Olaf College

Tenzin Choerap graduated from St. Olaf College and is one of the founding members of Lamton, a mentoring and tutoring program under the Tibetan American Foundation of Minnesota (TAFM)'s education committee. Lamton serves Minnesota Tibetan middle and high school students who are pursuing higher education. Tenzin Choerap is currently a mentor at Lamton and working full time as an Academic Advisor for TRIO-SSS program at St. Olaf College. The program's objective is to help first generation and low income students who fit the federal eligibility guideline overcome class, social, and cultural barriers to complete their college education.

Krishanti Dharmaraj

Executive Director, The Center for Women's Global Leadership

A feminist and human rights activist, Ms. Dharmaraj has over 25 years of experience working to advance the rights of women and girls. She is the founder of the Dignity Index, a human rights measurement tool utilized to ensure equity and inclusion

Tenzin Dolker

Program Analyst, Ford Foundation

to reduce identity-based discrimination. Under her leadership, San Francisco became the first city in the U.S. to pass legislation implementing an international human rights treaty. Ms. Dharmaraj has an MBA from the Haas School of Business, University of California, at Berkeley.

Tenzin Dolker is a trilingual analyst with over 8 years of civil society and philanthropic experiences. Currently she is a Program Analyst for the rights and governance program at the Ford Foundation, a leading global social justice philanthropy. Based out of New York, she provides project management, and research and analytical support for the global human rights portfolio in strategizing about the future of the international human rights movement. Tenzin graduated with a Master's degree in East Asian History at Columbia University. Prior to graduate school, Tenzin worked at Machik supporting its program development and outreach initiatives, helping to expand the circle of supporters from 2008-2010 -- this is her 8th Machik Weekend!

Jigme Duntak

Policy Advisor, Ministry of Northern Development and Mines, Toronto

Jigme Duntak is a Policy Advisor at the Ministry of Northern Development and Mines. As an undergraduate at the University of Ottawa, Jigme worked in offices in both the House and Senate for the Parliamentary Friends of Tibet. As a Research Intern, Jigme also supports the work of the Tibet Governance and Practice Forum – an international conference and policy research workshop dedicated to the advance of scholarly knowledge and public understanding of governance challenges in contemporary Tibet. Jigme also has worked as Steering Committee Member for the Young Canadians' Peace Dialogue on China and Tibet. Jigme is currently working on Tibetalk: a website platform for users to find the most current, popular and discussed content on Tibet in a simple and smart way.

Dr. Andrew Fischer

Specialist on Economics of Contemporary Tibet

Dr. Andrew Fischer is currently a convener of the MA in Social Policy for Development at Institute for Social Studies, in which he leads teaching on poverty studies, population, social policy, inclusive development, and development economics. A development economist by training, he has been involved in researching in development studies or in developing countries for over twenty-five years. Beyond his regional specialization on Tibet, he has also dealt with inclusive development strategies to combat poverty, inequality, and social exclusion in both China and India. A major focus of his current research are the challenges of redistribution in contemporary development. He earned a PhD in Development Studies from the London School of Economics and is a Research Associate with the Tibet Governance Project at the Elliott School of International Affairs.

Muna Gurung

Writer & Educator

Muna Gurung is a writer and educator who splits her time between Kathmandu and NYC. She received her MFA from Columbia University, where she was a teaching fellow. Muna currently directs a high school writing center in NYC, where her students help her discover America through

activities such as eating an entire packet of “Sour Patch Kids” while writing about the flavour blue. Muna founded KathaSatha, an organisation that fosters a public writing and storytelling culture in Nepal. Muna is a 2015 Margins Fellow at the Asian American Writers Workshop.

Khydup Gyatso

Co-founder, Wild yaks Tibetan Children's Project

Khydup Gyatso is a Tibetan born, Toronto based, children's storywriter and an illustrator. He uses his background in Buddhist philosophy and his monastic education to develop education materials that promote the preservation and awareness of the Tibetan language and culture. Khydup has recently published three children's books, “Dream Seekers” and a “Tibetan Alphabet Book”, and a “Tibetan Coloring Book”; donating over 5,000 of these books to schools in Tibet and India through Wildyaks' Tibetan Children's Education Project, which he co-founded. Wild Yaks Tibetan Children's Project, www.wildyaks.com, is an organization devoted to creating and sharing high-interest educational materials and resources for Tibetan families in exile.

Bonney Hartley

Member, Stockbridge-Munsee Mohican Tribe of Wisconsin

Bonney Hartley (Taheekwundoohet or She Has Her Arms Around the People) is a member of the Stockbridge-Munsee Mohican Tribe of Wisconsin. She holds a Masters Degree in Social Science- International Relations. She has worked in a variety of grassroots, national and international settings to promote indigenous community development—from managing Native food sovereignty programs at Seva Foundation to coordinating grant making for the Secretariat of the United Nations Permanent Forum on Indigenous Peoples. She currently serves her tribe in working to protect Mohican cultural sites as

Tribal Historic Preservation Officer for their Mohican traditional homelands in New York's Hudson River Valley and western New England.

Sertso Kyi

MA Candidate in Sustainable Development & Conflict & Coexistence, Brandeis University

Sertso Kyi is currently pursuing her Master's degree at Brandeis University. Previously, Sertso Kyi has explored her cultural heritage and identity through traveling and working across the Tibetan Plateau for organizations involved in health & sanitation, education, and environmental protection. She worked in some of the most remote nomadic communities of Kham, Yulshul and Changtang to provide village clinics and support wildlife monitoring programs. She also led a team to establish about 30 student-managed bilingual libraries in Lhoka and Nagchu. As a development practitioner, her main interest is to inspire conscientiousness and enable meaningful community participation.

Jigdel Kuyee

Electrical Engineer

Jigdel works at an engineering consulting firm in Toronto helping cities maintain or rebuild their electricity infrastructure through risk and reliability-driven decision-support systems. He previously worked at Toronto Hydro and a startup building sensor glove for both assistive and gaming industries. Earlier this year, he was invited as a panelist for the 2015 International Open Data Conference after his team won Canada's largest hackathon by building a youth career web app [<http://niewlabs.github.io/>]. Jigdel enjoys spending his time reading about astronomy and hacking away at TibetData.org.

Asher Jay

Creative Conservationist, National Geographic Emerging Explorer

Creative conservationist Asher Jay is a designer, artist, writer, and activist who uses creative concepts and design to advance animal rights, sustainable development, and humanitarian causes. Albeit she received an education in Fashion Design and Marketing at Parsons New School of Design in New York, she found her way back through the arts, to her passion in wildlife conservation. A staunch supporter of animal welfare, wildlife conservation and sustainable development, she found herself using her artistic prowess and writing to raise awareness through unique collaborations with scientists, non-profits and other kindred change agents.

Unyong Kim

Yoga Instructor & Owner, Stress Burner Yoga

Unyong Kim's educational journey has taken her through a Socratic liberal arts education at St. John's College, to the contemplative traditions of Buddhism in exploring mind through meditation at Naropa University. After graduate school in Psychotherapy, her love of working with people included counseling, education, conflict resolution, leadership training on issues of intergroup conflict resolution, as well as training trainers on these issues. Unyong's passion is to make the ancient wisdom of yoga accessible and meaningful to a diverse array of students whatever their stage of life, experience and physical abilities and to provide tools and ideas for a lifetime of health, growth and discovery.



Program: MachikFest

Over 300 new and long-standing friends gathered recently in Lindsay, Ontario to renew our collective commitment to building opportunities in Tibet. We are immensely grateful to everyone who made **MachikFest** alive with warmth and enthusiasm. The week-long celebration featured a public lecture, a film screening, and highlighted a traditional Tibetan dinner prepared by volunteer chefs and assistants.

Over the last 12 years, the Lindsay community has been gathering to support the education of rural Tibetan students and other community revitalization efforts in Chungba, Tibet.

Contact us to organize MachikFest in your community!



Samphe Lhalungpa

Former UNICEF Representative

Mr. Samphe Lhalungpa was born in Darjeeling, India to Tibetan parents in 1950, later moving to New Delhi, the UK, and then Canada. For twenty-three years, he worked for the UN, working for UNICEF in Burma, Sudan, Laos, Bangladesh, Nepal, and Turkmenistan on a variety of projects, many involving education in conflict. Given his early years in India and his language and cultural skills, Mr. Lhalungpa was also charged with managing UNICEF's largest education program. Throughout his career, he has worked with countless national and local governments, NGOs and CBOs, donor partners, and national and subnational groups to take solutions-based approaches to global issues. Since retiring, Samphe has undertaken two long term missions for UNICEF in Haiti and Nigeria and is also now working as a fund raising coordinator on the Tibetan Resettlement Project Ottawa.

James Liao

Co-founder and U.S. Executive Director, TEC Share

James has volunteered in education nonprofits for over 8 years. He conducts research on educational technology in China, and presents keynotes and training on best practices for technological tools in learning. James and members of 1KGBOOK co-founded the global Citizen Organization-TEC Share, whose mission is to build civic tech solutions to empower social innovations for all. James holds a B.S. degree in Electrical Engineering and Economics from University of Virginia.

Ralph Litzinger

Associate Professor of Cultural Anthropology and Women's Studies; Faculty Director of Global Semester Abroad

Ralph Litzinger received his doctorate in socio-cultural anthropology from the University of Washington in Seattle. His early research focused on the culture and politics of the ethnic borders in China. His current research is engaged with questions of border ecologies, bio-politics, activism and advocacy in labor, education rights, and the environment. In all of his research, teaching, and thinking, he is committed to forging an anthropology of critical advocacy and activism, one which addresses structures of domination, exploitation, and inequality and the struggle to make the world a better place.

Paul D. Miller

DJ Spooky, Artist, Writer, National Geographic Emerging Explorer

Composer, writer, and musician Paul D. Miller's multimedia performances, recordings, art installations, and writings immerse audiences in a blend of genres, raising awareness about climate change, sustainability, global culture, the role of technology in society, and other pressing environmental and social issues. His multimedia composition, book, and installation "The Book of Ice" creates an experiential visual and acoustic portrait of Antarctica's disappearing environment. Miller first rose to worldwide fame as hip-hop turntablist "DJ Spooky" and is now a sought-after lecturer and performer at prestigious venues, arts institutions, and universities on every continent. His free, open-source iPad app, DJ Mixer, has been downloaded over 20 million times. He was the first artist-in-residence at New York's Metropolitan Museum of Art.

Dedicate Your Birthday | The Lemonade Warriors



After years of supporting rural education in Tibet as part of the Lemonade Warriors, Zoe Waide celebrated her 18th birthday this year by dedicating her milestone day to supporting Machik's education work. We can't believe how fast the years have passed, and that Zoe has spent her entire lifetime committed to supporting her age-mates in Tibet half a world away. Thank you, Zoe, for all your care, your awesome sisters and the amazing Lily!

Dedicate your birthday to support Tibetan students in Tibet. Email us with your date of birth and we'll take care of the rest!

Carl Minzner

Professor of Law, Fordham School of Law

Carl Minzner is an expert in Chinese law and governance. He has written extensively on these topics in both academic journals and the popular press, including op-eds appearing in the New York Times, Wall Street Journal, Los Angeles Times, and Christian Science Monitor. Prior to joining Fordham, he was an Associate Professor of Law at Washington University in St. Louis. In addition, he has served as Senior Counsel for the Congressional-Executive Commission on China, International Affairs Fellow for the Council on Foreign Relations, and Yale-China Legal Education Fellow at the Xibei Institute of Politics and Law in Xi'an, China. He has also worked as an Associate at McCutchen & Doyle (Palo Alto, CA) and as a Law Clerk for Hon. Raymond Clevenger of the U.S. Court of Appeals for the Federal Circuit.

Tenzin Nangkyi

Development Manager, Machik

Tenzin Nangkyi is the Co-Chair of the 2015 Machik Weekend. She serves as the Development Director and Program Manager at Machik. A registered nurse by training, she previously worked as a critical care nurse in New York City and hospice in Washington D. C. Nangkyi was part of the startup of a medical clinic built by Machik in Jyekundo in the aftermath of the 2010 earthquake. Nangkyi recently graduated from Johns Hopkins University with Master's in Nursing and Business Administration.

Tenzin Nordon

Education Liaison, Get Ready Program, Minnesota Office of Higher Education

Nordon currently works for the Minnesota Office of Higher Education. Born and raised in India, she has been an active member in the Minnesota Tibetan community. She co-founded and established Lamton – a mentoring and tutoring program. She currently serves on the board member of Lamton. Nordon recently returned to school for her M.A. degree in Organizational Leadership at St. Catherine University.

Program: Machik Retreat



Machik Retreat was first held in 2009, when a group of keen young Tibetans were invited to D.C. to explore engagement for Tibet in greater depth. Machik Retreat provides an opportunity to learn more about the complexities of contemporary Tibet and the PRC, and the many looming challenges. The retreat involves structured and unstructured living room style conversations. Participants usually come with diverse views, different backgrounds and varying questions, all of which help cultivate new perspectives, approaches, and friendships. Since then, Machik Retreat has been held annually to offer a safe, very open and global space for creative discussion of empowerment, community responsibility, social justice, and civic engagement in Tibet for the next generation of Tibet.

Tenzin Noryang

*Communications
Director & Program
Manager, Machik*

Tenzin Noryang is the Co-Chair of Machik Weekend 2015. At Machik, she manages programs fostering rural education in Tibet and leads the creative development of the organization's communication strategy as well as global community engagement programs. Noryang has been on the organizing team of the Tibet Governance and Practice Forum since its inception in 2012 and coordinates the development of Machik's Tibet governance-related initiatives. She is a graduate of Carleton College where she studied Sociology & Anthropology and has professional background in broadcast journalism, digital media and intercultural dialogue. Outside of work, she is an active organizer/member of DC Tibet book-club and DC Tibetan dance troupe.

Dr. Losang Rabgey

*Co-founder and
Executive Director,
Machik*

Dr. Losang Rabgey holds a PhD in gender and anthropology from the University of London School of Oriental and African Studies where she was the first Tibetan to become a Commonwealth Scholar. Losang and her sister Dr Tashi Rabgey co-founded Machik, whose mission is to seed social innovation in Tibet. In 2006, Losang was recognized by the National Geographic Society as one of eight Emerging Explorer from around the world for her innovative work in bridging cultural divides. She also serves on the Steering Committee of the National Geographic Society's Genographic Legacy Fund. Born in India and raised in Canada, Losang first returned to Tibet with her family in 1987.

Dr. Tashi Rabgey

*Research Professor
of International Affairs,
George Washington
University, Co-Founder
& Strategic Director,
Machik*

Tashi Rabgey is a Research Professor of International Affairs at the Elliott School, specializing in contemporary Tibet and Sino-Tibetan affairs. Through interdisciplinary research initiatives she has led on public policy and governance in Tibet, Professor Rabgey's work has enabled the development of new inquiries into the institutional structure and process of China's policymaking in Tibet. Before joining the Elliott School, Professor Rabgey was a faculty member of the University of Virginia East Asia Center where she was co-director of the University of Virginia Tibet Center. She holds a Ph.D. from Harvard University specializing in political and legal anthropology, as well as law degrees from Oxford and Cambridge where she studied as a Rhodes scholar.

Sheldon Raymore

*Member, Sioux Nation,
Two-Spirit/Native
community organizer*

Raymore grew up in South Dakota on the Cheyenne River Sioux Reservation. He is a competitive grass dancer on the national Pow-Wow circuit and has unified his Native and gay identities into a single Two-Spirit. Since 2005, Sheldon has lived in New York City, and is a leader and board member of the NorthEast Two-Spirit Society (NE2SS), a NYC based organization. NYC is the home of the largest population of urban Indians living in an US city and he works to organize the Two-Spirit community both locally and nationally.

Phurbu Samdrup

Field Officer, Machik

Samdrup was born in Nyingtri, Tibetan Autonomous Region (TAR), and received his education in China through the Inland TAR Class program. He graduated from Beijing Foreign Studies University with a Bachelor's in Business Administration. Prior to joining Machik, Samdrup co-founded an organization called Kimshi, a platform for thousands of Tibetan college students studying in China to network and explore opportunities to serve Tibetan communities.

Ali Smith

*Co-Founder &
Executive Director,
Holistic
Life Foundation*

Ali Smith co-founded the Holistic Life Foundation, where he currently serves as Executive Director. Ali has over 12 years of experience teaching yoga and mindfulness to diverse populations. For the past four years he has partnered with The Johns Hopkins Bloomberg School of Health and Penn State University's Prevention Research Center on a federally funded study analyzing the effectiveness of yoga and mindfulness on

Tibetan Governance: Civic Values and Public Discourse



April, 2015: **Khenpo Tsaltrim Lodroe**, one of the foremost civic leaders in contemporary Tibet gave his inaugural U.S. public lecture at George Washington University's Tibet Governance Project at the Elliott School of International Affairs. A part of the core leadership of Serthar Larung Gar, Khenpo has led an ecumenical Tibetan Buddhist institution of over 10,000 followers in residence. Khenpo has also led a public conversation inside Tibet about education, language issues, the environment, public health, HIV/AIDs awareness and vegetarianism. Khenpo is a leading figure in faith-based civic engagement in Tibet today.

Through the Tibet Governance Initiative, Machik supports unique platforms for Tibetan civic leaders to share new insights and perspectives on issues of governance in contemporary Tibet.

urban youth in Baltimore City Public Schools. He is a certified yoga instructor and a Commissioner on Baltimore City's Commission on Sustainability. He has a B.S. in Environmental Science and Policy from the University of Maryland, College Park.

Tenzing Tekan

*Development Manager,
Machik*

Tenzing Tekan is Machik's Development Officer. Prior to Machik, he received an MBA from Harvard Business School and worked in San Francisco as a management consultant for Bain & Company. Tenzing's volunteer experience includes working as Country Director for a rural health clinic in Nepal and teaching English at Sarah College for Higher Tibetan Studies near Dharamsala, India.

Namgyal Tsepak

*PhD Candidate in
Cultural Anthropology,
Cornell University*

Namgyal Tsepak is a PhD candidate in Cultural Anthropology at Cornell University. His research focuses on indigenous rights and sovereignty including displacement and (re)connections between peoples and their original homeland(s) in North America. Namgyal was born and raised in a semi-nomadic area in Choni County in Amdo. He graduated from Duke University

in 2010 with a B.A. in Anthropology. He spent a service year working for Seva Foundation as a Research Associate through Duke University's Hart Fellows Program. He has begun to share his poetry and research excerpts on his "Nomadic Borders" blog found at chonitsepaknamgyal.wordpress.com

Tsering Tsomo

Intern, Machik

Tsering Tsomo is a Tibetan student from Diqing Tibetan Autonomous Prefecture of Yunnan. She graduated from Minzu University in Beijing with a Master's degree in China's Ethnic Theory and Policy. She is interested in Tibetan women initiatives and furthering the development of women in Tibet. Her Master's thesis dealt with the social, economic, political, and educational status of Tibetan women in Deqin County. Tsering is currently an intern at Machik, and plans to continue her further studies in the US.

Dickyi Yangzom

*Ph.D Candidate, Yale
University*

Dickyi Yangzom is a Ph.D. student in sociology and a Junior Research Fellow in Cultural Sociology at Yale University. Her research focuses on the intersections of Economic Sociology, Cultural Sociology, Sociology of Fashion, and theories of modernity. At Yale, she is also a teaching fellow in Foundations of Modern Social Theory and Social Movement Studies.

On the Run for Tibet | Tenzin Dolkar



"I am running my first half marathon for a cause that I strongly believe in: Building a strong and better future for Tibet and its people. I think it is very important for the greater Tibetan population living especially in Tibet to gain access to education. In today's modern world education has become a necessity so it should not be a luxury. I strongly feel financial problems should not prohibit anyone from receiving education. I feel extremely fortunate to be part of Machik in making education accessible to students in Tibet!"

Tenzin Dolker dedicated her first half marathon to supporting education in Tibet. You too can join her in supporting the dreams of young Tibetans in Tibet. Contact us to dedicate your next marathon run or birthday to support education in Tibet. #runfortibet #iammachik

Photo Exhibitions

| Plateau Photographers |

We are pleased to present three photo exhibitions that will launch on Friday evening and remain open throughout Machik Weekend.



Plateau Photographers is a group focusing on digital storytelling and cultural documentation in Tibet. Working with photography and other forms of digital technology, this dynamic group of documentarians and artists has provided a platform for young Tibetans from rural areas to learn and develop skills in multimedia storytelling. Machik is a proud sponsor of Plateau Photographers' *One Day in Rebkong*, a photographic documentation project that took rural Tibetan students into different corners of the historic city to capture a cultural space in transformation.

INTERVIEW



Tsemdo Thar

Director of Plateau Photographers
For more, visit: plateauphotographers.weebly.com/

For anyone who knows Tsemdo, you'll excuse us for being delighted whenever we get to work with him. But beneath his boyish grin is a tough creative soul -- always thoughtful, never standing still. We can't wait to see what comes next for this young creative entrepreneur - Machik Eds.

What is a typical day for you?

Get up and have breakfast. Sometimes I do morning exercises. And then I respond to emails, edit pictures, read news or watch a movie.

What is your favorite part of your job?

Nobody is telling me what to do. I can be flexible and do something that I think is interesting and meaningful.

What is guaranteed to make you feel creative on any given day?

I don't have a government job -- that's making me feel creative.

What is the most memorable thing you encountered last week?

I fell off my motorbike on the way to shoot a story. A few minutes later, I was chased by two dogs. Some nomads saw it -- it was embarrassing.

Don Perrault



Don Perrault has been actively pursuing his passions as a photographer since 1980. Over a twenty year period he has traveled to remote regions in the Himalaya and Asia and used his photographs to generate awareness for the natural beauty, and cultural diversity in remote regions in the world. He is interested in the use of photography to create connections that bring people from different disciplines together to improve the healthcare and education for the indigenous people in these regions and beyond. dphoton.org/tibet

Gordon Wiltsie



Gordon Wiltsie is a photographer, writer and explorer whose work has taken him to some of our planet's remotest places, often on assignment for magazines such as National Geographic, Life, Outside, Ski and numerous others. He also shoots advertising for a broad mix of companies, teaches photography seminars, guides adventure tours and is an engaging lecturer. Gordon is the author of "To the Ends of the Earth - The Adventures of an Expedition Photographer" and lives in Bozeman, Montana. alpenimage.com

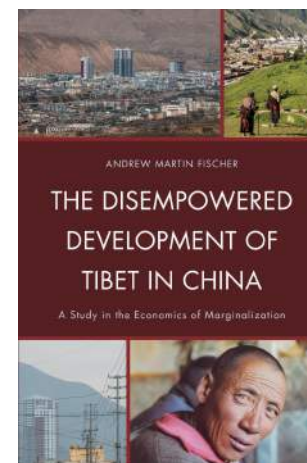
Book Signing:

Dr. Andrew Fischer

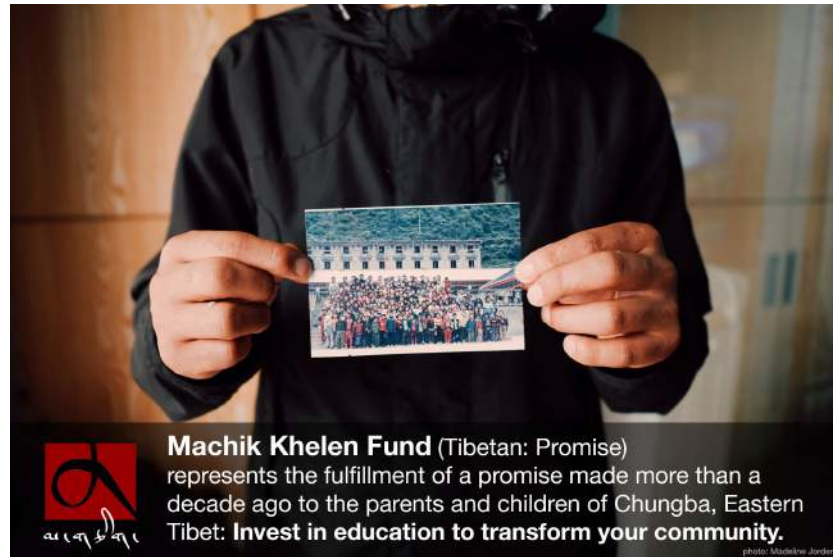
Associate Professor of Social Policy and Development Studies

Featured Machik Weekend Saturday Forum speaker Andrew Fischer will be on-hand to sign copies of his book, *The Disempowered of Tibet in China: A Study in the Economics of Marginalization*.

Don't miss this opportunity to purchase Andrew's major work at a 40% discounted rate of \$30 USD at the MW9 Friday Engagement Fair.



2015 Machik Milestones



Machik Khelen Scholars

We're excited to mark a new milestone and congratulate the first class of Machik Khelen Scholars who have just completed their first year of college.

It seems like just yesterday these students were wide-eyed tots entering the first grade of the Chungba Primary School. We've stood by them, year by year, as they've taken down stereotypes, broken records and set new standards for Tibetan rural education in Lithang county and across Ganzi Tibetan Autonomous Prefecture. And now here they are, against the odds, gearing up for their second year of college.

Together with your support, we have reset the expectations of these rural Tibetan students by guaranteeing their education from elementary school all the way through college. **These young rural Tibetans knew we had their backs.**

You also helped us demonstrate the power of investing in an entire rural community. Instead of cultivating a few stars from rural areas, Machik has been committed to investing in education for an entire rural community -- so that the entire community can move forward together.

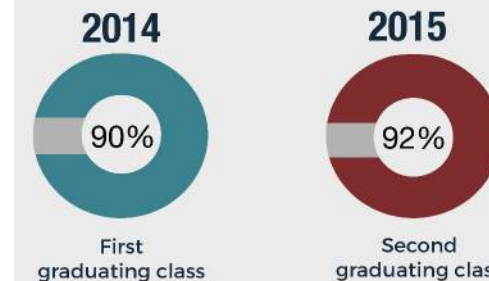
This has required a long view of how to get things done, and the Chungba students would not be where they are today without our collective commitment to rural Tibetan education over the long haul.

We want you to know the results of our long term commitment are rolling in. Our post-secondary education enrollment rate is over nine times higher than in rural Chinese areas.

Chungba High School Campaign



CHUNGBA HIGH SCHOOL GRADUATION RATE



The Chungba High School Campaign (CHS) makes secondary education possible for Tibetan youth from nomadic and farming communities in Chungba, Tibet. Supporting the next generation of Tibetans through these critical years of schooling is vital to expanding their future potential. Access to quality secondary education will equip the children of illiterate farmers and nomads with the knowledge, skills and attitudes to transform the wellbeing of their families and local communities.

As the first generation with a formal education, the group of determined Tibetan youth deserve every opportunity to realize their future dreams and hopes.

Join us in our efforts to get a new generation of Tibetans through high school!

Launching: English Language Buddies (ELB)



Machik's English Language Buddies (ELB) program provides Tibetan university students in Tibet an opportunity to improve their English language capacity on a weekly basis.

Machik is excited to launch the **English Language Buddies (ELB)** program. The program will support Tibetan university students from the Tibetan region who are eager to learn and improve their English language capacity. Each Tibetan student will be paired with an online global language buddy who will serve as their weekly language tutor. By connecting each student with a global English tutor, the program will provide an immersive English-language environment through which Tibetan students can accelerate their language learning capacity.

Visit the Machik Program table throughout Machik Weekend to find out more about the English Language Buddy program.

Apply today to serve as an online English tutor for a Tibetan college student in Tibet!

Launching: MachikMentors (MM)



Machik Mentors works directly with Tibetan undergraduate students in Tibet to grow their potential for personal, academic and professional success.

Tibetan students often face major challenges when transitioning to college. This is particularly the case for Tibetans from rural and nomadic communities who are often the first in their family -- or even the first in their entire area -- to pursue higher education. They often lack an experienced, trusted figure who can relate to their experiences as they navigate college life.

Through **MachikMentors (MM)**, mentorship will now be at the center of our college education support program. While mentorship has always been a priority at Machik, MachikMentors will provide a systematic program as a bridge to guide and support Tibetan students from Tibet through their college careers. Students will be matched with mentors based on their interests and career goals.

Machik is committed to investing in Tibetan youth to reach their highest potential.

Visit the Machik table to find out more about the MachikMentors program.

Machik Weekend Updates



Kunchok Palzang

Conservationist, 2014 Machik Weekend Keynote Speaker

We were thrilled to learn that a recent documentary about Tibetan conservationist and 2014 Machik Weekend keynote speaker, Kunchok Palzang, won the top award at an international film festival held in Shenzhen this fall. The film, *Palzang the Herdsman*, won the Golden Award for best documentary from among 1,400 entries from 90 countries at the 2015 Handle Climate Change Film Festival. Through Palzang's story, the values of Tibetan conservationism and community leadership are reaching a mainstream Chinese audience inside the PRC. We remain ever inspired by Palzang's enormous heart and determination to protect Tibetan lands, and are proud to have him as a Machik Advisor.

Pema Tsenden

Filmmaker, 2012 Machik Weekend Featured Speaker

It's hard to imagine how this is possible, but the trailblazing Tibetan filmmaker and 2012 Machik Weekend featured speaker, Pema Tsenden, has outdone himself again. Pema's latest film *Tharlo* has received enthusiastic international critical acclaim -- including at the Venice Film Festival -- while earning a heap of nominations at the 52nd Golden Horse Awards: Best Feature Film, Best Director, Best Adapted Screenplay, and Best Cinematography. So yes, we are bursting with pride as he takes Tibetan storytelling to a new global audience. Pema Tsenden is not only a past Machik Weekender, he was also a speaker at SEP 2013 in Tsongonpo, and has been an incredible source of moral support for Machik over the years.



"You are never going to climb anything great if you don't take risks."

Congratulations to Jimmy Chin and Chai Vasarhelyi on the release of their award-winning film *Meru*, a cinematic tale of human perseverance and resilience that has been called "blindingly beautiful" by the *New York Times*. As one of our most dedicated Machik Advisory Board members, **Jimmy Chin** has been many things to Machik over the years -- friend, behind-the-scenes advocate, and comrade-in-arms in the struggle to create new meaning in the world. So we could not be prouder of Jimmy as he finds ever more mountains to climb and we look forward to the many more stories he'll come back to tell us.

Grassroots Organizing: Minnesota Spirit Night



Thank you to the passionate people who created the 2015 Machik Spirit Night in Minnesota! Spirit Night MN was a locally organized event featuring lectures, discussions, home-made food and live music. Local volunteer Sherab Tsomo spearheaded this event to support Machik's educational efforts in Tibet.

Enormous gratitude to the team of volunteers for their hard work and high spirits: Tenzin Nordon, Tenzin Choerap, Tendor Norbu, Tenzin Norzin, and Norzin Wangpo. Big thanks to Chef Tenzin Namgyal and all the amazing performers. Your commitment to service is awesome! Appreciation also to everyone who attended the event to show their support for Machik's mission and work of incubating social innovation in Tibet. We are grateful to Hamline University and Professor David Davies for supporting this event. #GrowingTogether #Community

Want to organize a Machik Spirit Night or Tibet Film Festival in your community? Email us at info@machik.org to get started today.

Machik Launches Singapore Tibet Film Festival



From the beginning of Machik's work, we've been deeply inspired by the storytellers and artists working inside Tibet today. They are messengers to our collective future and it's been a priority for us to find ways to support the creative energy. So we could not be more excited to have launched Singapore's first Machik Tibet Film Festival from August 29-30, 2015. The weekend festival presented feature-length films never before screened in Singapore.

Thanks to Singapore-based filmmaker and phenomenal volunteer Joant Ubeda for inspiring this event. Here's to growing the global community inspired by the culture, land and people of Tibet!

www.machiktff.weebly.com

In Memoriam: Al Maysles



Albert Maysles (1926-2015) was a pioneering filmmaker. A recipient of the National Medal of Arts, he made iconic films such as “Grey Gardens” and “Gimme Shelter.”



མི་རྒྱུས་སེམས་སྤོ་ཞིང་ལྷག་པའི་འདས་བའི་ལྷ་བ་འགའི་ནང་དུ། མི་མང་པོ་ཞིག་གིས་ཨེལ་མེ་སེལ་སི་ཁོང་གི་ཡ་མཚར་བའི་རྒྱ་རྒྱུ་འཛོལ་ཐང་དང་རྒྱ་ན་མེད་པའི་ལྷན་སྐྱེས་ཀྱི་གསར་གཏོང་གི་ཤེས་རབ་སྐྱོང་བཞིན་ཡོད། ཁོང་ནི་འདས་ཟེན་པའི་དུས་རབས་ལྷུང་ཀའི་ནང་གི་ཆེས་གལ་ཆེ་བའི་སློབ་བརྟན་པ་ཞིག་ཡིན་པར་ཚང་མས་ནམ་ཡང་དྲན་པེས་ཤིང་། ཁོང་གི་བྱས་རིམ་མི་རྒྱུས་ཀྱི་སེམས་ལ་དེ་མི་བཀོད་པ་ལྟར་པེས་པ། ཁོང་གིས་པར་རྒྱག་མཚམས་བཞག་ཆོ་ཁོང་དང་མཉམ་དུ་འཛོལ་བའི་སྐལ་བ་དང་ལྷན་པའི་ལས་ཅན་གྱི་མི་རྒྱུས། ང་ཚོས་བདག་ཅག་ལ་ཇི་ལྟར་མི་གཞན་ལ་ཤ་ཚ་བ། ཇི་ལྟར་དགའ་སྤོའ་བ། ཇི་ལྟར་པེས་པར་དུ་མི་ཚེའི་སྐད་ཅིག་དེ་དེ་དམ་འཛིན་བྱེད་དགོས་ཚུལ་བཅས་ཀྱི་བཀའ་སློབ་གནང་མཁན་རྣམས་ལ་འདྲི་ལ་ཡིད་སྤོའ་བའི་སློབ་མཉམ་ལྷན་ལྷ། ཁོང་གིས་ཀྱང་འཇིག་རྟེན་འདྲིའི་ཇི་ལྟར་གཅེས་དགོས་བའི་མིག་དཔེ་བཞག་ལས་མེ་སེལ་སི་མ་གཅིག་ཚོགས་མི་ཡིན་པས་ང་ཚོ་ལས་ཅན་ཞིག་ཡིན་པར་སྟམ།

In the weeks and months of mourning to come, many will speak of **Al Maysles'** legendary artistry and his enormous creative genius. He will be remembered as one of the most important filmmakers of the past half century and his achievements will be recollected in fine detail. But for those of us fortunate enough to have spent time with Al when he was away from the camera, we mourn the loss of someone who showed us all how to be interested in all the people around you, how to share the joys of your blessings, and how to grab life in every moment. In all these ways, Al showed us all how to love the world. It was a blessing to have had Al as part of the Machik family.

In Memoriam: Khawa Nyangchak



Khawa Nyangchak (1989-2015) was a gifted young writer and social commentator from Amdo, Tibet. Widely acclaimed as an ardent new voice for this uncertain Tibetan moment, Khawa Nyangchak passed away tragically while protecting the fish of Tsongonpo (Qinghai Lake).

ཁ་བ་སློང་ལྷག་པ་ལགས་ཀྱི་ཚུམ་རིག་གི་དེ་བ་དང་སློབ་གཏོང་གི་ཐང་ནས། བོད་ཀྱི་ཚུམ་པ་པོ་གྲགས་ཆེན་དག་གིས་ཁོང་ལ་གཏོང་ས་འཛོག་ལེགས་པོ་མཛད་ཡོད་དེ། དེ་ནི་ཁོང་གིས་འབྲུ་མེ་ལྷུབས་ཞེས་པའི་དཔེ་བའི་བརྒྱུས་པ་ནས་བྱུང་བ་དང་། དུས་ལ་མ་རན་པའི་འཛེ་དུས་སྤེ་ཉེས་སྐྱོང་བཅོ་ལེའི་རྒྱ་བྱག་པར་ཁོས་ད་དུང་བྱིས་སྤང་ཞིག་བརྒྱུས་སྤུང་བྱུང་། ལོ་འདི་ལ་ཁོ་རང་མཚོ་སྐོན་པོར་ཉུ་ལྷ་རྒྱ་ལྷན་དུས་མཚོའི་གཏོང་དུ་རྒྱུ་བ་ཤིང་། ཁོང་ཉིད་དགུང་ལོ་ཉེར་དྲུག་ལ་སོན་དུས་མཚན་སྐར་ཆེན་པོ་རྒྱས་ཤིང་། ཞིང་འབྲུག་མང་ཚོགས་ཀྱིས་རང་སའི་ལྷག་བསྐྱེད་ལུ་སའི་སྤོང་སྤྱོད་སྤུང་བའི་སྐབས་འདྲིའི་མཁུན་ཚབ་ཀྱི་རྒྱས་པ་ཐོན་ཡོད། ཁོའི་ལྷུང་འབྲས་དང་མཛད་རིམ་ལོ་ཉིད་སྤྱོད་གཤེགས་རྒྱུ་བོད་མི་རྣམས་ལ་ཡོད་པའི་དཔེ་སྤྱོད་བསྐྱེད་ཆེན་པོ་བྱེད་པ་ལས་གསལ་པོར་མཛོད་ཞིང་། ཁོང་གི་བརྒྱུས་ཚོས་མ་ཡལ་བར་དུ་བོད་པ་ཚོའི་ལྷག་བསྐྱེད་ལང་མཚམས་འཛོག་མི་སྲིད། དེ་བས། ང་ཚོས་ཤོར་བ་ནི་ན་གཞིན་གྱི་ཚུམ་པ་པོ་ཁོ་ན་ཅམ་མ་ཡིན་པར། ཁོའི་འཇིགས་པ་མེད་པའི་རྒྱུ་ཤེས་ཀྱིས་བཤད་མ་ཚར་པའི་སྐད་ཆ་དེ་དག་ང་ཚོ་དང་གཏན་དུ་གནས་ཡོད།

A fierce literary voice who spoke of hope and sacrifice in one breath, **Nyangchak Bum** gained the admiration of some of the most senior Tibetan literary figures of our times through his insightful book of essays, *The Moth*. He had just published a widely acclaimed children’s book by the same title when he met his untimely death in June 2015. He was retrieving the last remaining fishnet set by poachers when he accidentally slipped into the depths of Tsongonpo.

At the extraordinary age of 26, “Khawa Nyangchak”, as he was widely known, managed the elusive trick of becoming a relevant Tibetan public voice inside Tibet at a moment when meaningful public space has been essentially non-existent. His achievement is reflected in the waves of spontaneous public mourning -- by young and old alike -- that has followed in the wake of his passing. It is as much for this as for his illuminating poetry and prose that Khawa Nyangchak’s untimely death will be mourned, now and in the years to come.

We have lost not only a gifted writer, but a fearless soul whose unspoken words will surely haunt friends, admirers and social commentators alike in the years to come.

(Tashi Rabgey)

Program: Women's Initiatives

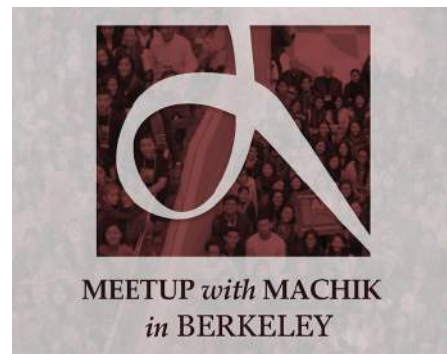
#IAmMachik



Investing in the Women of Tibet

Strong communities begin with equal access to resources and opportunities for all. In addition to insisting on 50% girls enrollment of the Chungba Primary School and the Summer Enrichment Program, our Mother's Wish Program provides support almost exclusively for girls and young women from low-income rural and nomadic families to continue their education through middle, high school and college.

Machik Meet Ups



Want to organize a local event and grow Machik's message of innovation for Tibet in your school or neighborhood? Machik Meet-ups are an informal way to introduce friends and your local community to Tibet and Machik's work on the ground. Meet-ups can involve a film screening and/or public lecture by a Machik staff member.

Contact us today to organize the next Machik Meet Up in your city!
info@machik.org

One of the best things about being a global community organizer is having the chance to meet and work with people who share a great passion in life. For us this means working with people, far and wide, who've made the choice to roll up their sleeves and work for a brighter future for Tibet.

So, inspired by each of you and your amazing energy and spirit for Tibet, we're launching IamMachik, a Tumblr blog to record and share images of our Machik Community organizers in action!

Visit: <http://iammachik.org>



Join the White Crane Circle with a monthly gift of \$10 or more

INTERVIEW



Tenzin Tsering
San Francisco, CA

How would you describe yourself in a sentence?
I seek happiness and peace of mind, just like everyone else.

What does Machik mean to you?
Machik means an opportunity to make a difference in someone else's life to me

Why did you join the White Crane Circle?
It's an opportunity to give back to the Tibetan community and to pay it forward. I am where I am because of all the sacrifices Tibetans who came before me have made.

Anything else you would like to share with the rest of the Machik community?
Keep it up!



Barbara Kelley
Bishop, CA

How would you describe yourself in a sentence?
I am an extraordinarily fortunate educator and outdoor enthusiast who is grateful for the exceptional opportunities that have come my way, and with friends I founded the Eastern Sierra Friends of Machik upon my return from Chungba in 2005.

What does Machik mean to you?
Machik epitomizes meaningful and long-term contribution on the ground in Tibet that unlocks opportunities for people. Machik means rock-solid commitment, ethics, optimism, determination, respect, brilliance, and compassion.

Anything else you would like to share with the rest of the Machik community?
I would like to share with the Machik community my knowledge that we are part of something singular. I had many moments in Chungba and I've had so many since when I've seen clearly what can happen when unshakable commitment finds expression, in spite of truly complex challenges. Never give up.



Jigme Duntak
Toronto, ON

How would you describe yourself in 1 sentence?
A Tibetan

What does Machik mean to you?
Machik builds bridges for Tibetan communities inside Tibet. Under them, we can place the challenges and barriers that hold communities back. Over them, we can link communities and build new opportunities.

Which Machik program that you feel most strongly about and why?
I feel most strongly about the Tibetan Governance and Practice work because it addresses the overarching problem that constrains Tibetan communities: the lack of Tibetan representation in the decisions that affect their communities.

Anything else you would like to share with the rest of the Machik community?
I know from firsthand experience how impactful Machik's work is for Tibetan communities in Tibet. I hope you will continue to support Machik's much needed programs and projects and their dedicated and hardworking team in the years to come.



Become a Monthly Donor

Plant seeds for the future of Tibet today!

machik.org

Join Our Team



Machik's work began in 1998 as an all-volunteer organization. Much of our work is still done by a team of dedicated volunteers who are Tibetan, Chinese and global citizens. Our growing network plays a vital role in public outreach, programs and fundraising efforts. Many Program Interns at Machik are university students but our team of volunteers represent a wide range of backgrounds, experiences, ages, and professional expertise. We accept interns on a rolling basis.

email us at: info@machik.org for more information

INTERN PROFILE



Lekey Leidecker
Summer 2015 Machik Intern.

After hearing Tashi la speak in DC during summer 2014, I knew that I wanted to find out more about Machik's work. After attending Machik Weekend 8 during November 2014, I knew that I wanted to be part of the work in any way I could! After being involved in the day-to-day work as a Machik intern, I've realized that social change is made up of just that: day-to-day work, done with commitment and in community, to make change happen.

I was able to work on projects that mirrored my own interests, including a college guide for Tibetan students inside Tibet. I believe that the work I did during my internship is one small part of Machik's mission of empowerment and innovation for entire Tibetan community, and I'm honored to have the opportunity. As a Tibetan-American who grew up in the US, realizing how much we can do for Tibet and Tibetans was empowering and energizing.

I finished my internship with a mind buzzing with new experiences: lunch conversations about social change, Tibetan identity, and more with the staff and interns, discussions with changemakers like Aziz Abu Sarah, and amazing stories about past SEPs or TGAP Forums from Losang la, Tashi la, and the entire staff. I've gotten the motivation to keep working and expanding my horizons- I'm reading books and articles on Tibetan history, seeking out Tibetan stories, and I'm considering enrolling in a Mandarin language course in the fall.

I'm truly grateful to the other interns and all of the staff for their supportive and welcoming environment. I'm also thankful that I was asked to share about my experience with all of you. If you're reading this, you know that there is more work to be done.

Machik Weekend 2015 Planning Committee

2015 Machik Weekend Co-Chairs: Tenzin Nangkyi & Tenzin Noryang

Tibet Engagement Fair Coordinators: Tenzin Drukdak, Tenzin Palyon, Chemi Dolkar

Outreach Coordinator: Tsering Dechen

Volunteer Coordinators: Pasang Lhamo and Tenzin Woden

Design Team: Erica Waters & Wangmo Gyatotsang

Program Interns: Catherine Harlos, Katherine Hong, Emily Hussey, Tsering Tsomo, Erica Waters

Facilitators: Barbara Banks, Sharon Crain, Tenzin Chokki, Tashi Chogyal, Lhagyal Dak, Tenzin Dechen, Tenzin Dechen, Tenzin Drukdak, Chemi Dolkar, Jamyang Gyaltzen, Wangdu Duntak, Patrick Sivali, Vidya Srinivasan, Nawang Tekan, Dolkar Tsering, Elizabeth Tseng, Lexi Wang, Tenzin Woden

Leitner Center: Elizabeth Wickeri, Elizabeth Gyori, Carl Minzner

Machik Weekend would not be possible without the generous time and support from all our volunteers. We extend our deepest gratitude to our entire volunteer team. THANK YOU!



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Notes

The change we seek requires a new political and moral imagination—one that trusts in humanity’s potential to embrace a politics of **love** over a politics of fear.

Machik Charter for Engagement
www.charterforengagement.com

